



For adults with severe chronic obstructive pulmonary disease (COPD)  
to decrease the number of flare-ups

## Your doctor just prescribed DALIRESP. Here's helpful information about dosing.

### DALIRESP COMES IN 2 DIFFERENT DOSES: 250 MCG and 500 MCG

Your doctor has determined which dose is appropriate for you to start on.  
DALIRESP is taken once daily, with or without food.

#### 250 MCG: A STARTING DOSE OPTION

If your doctor started you on the 250-mcg dose, you should take it once daily for the first 4 weeks only. After the first 4 weeks, you will increase to the 500-mcg dose.

*The 250-mcg dose is a starting dose only. It is not the effective dose and should not be taken for more than the first 4 weeks.*

#### 500 MCG: A STARTING DOSE OPTION AND THE MAINTENANCE DOSE

If your doctor started you on the 500-mcg dose, you will stay on that dose as the maintenance dose.

Tablet images are representations and not actual size.



**DALIRESP is not a bronchodilator and should not be used to treat sudden breathing problems.**

### WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT DALIRESP?

DALIRESP can cause serious side effects. Please see Important Safety Information on reverse side.



Be sure to take DALIRESP every day  
as directed by your doctor.



Discuss any side effects or other  
questions you may have with your doctor.

Please see Important Safety Information on next page and  
full Prescribing Information, including Medication Guide.

**Daliresp**   
(roflumilast) tablets

## INDICATION

DALIRESP is a prescription medicine used in adults with severe Chronic Obstructive Pulmonary Disease (COPD) to decrease the number of flare-ups or the worsening of COPD symptoms (exacerbations). DALIRESP is not a bronchodilator and should not be used for treating sudden breathing problems.

DALIRESP 250 mcg is a starting dose for the first 4 weeks only and is not the effective dose.

## IMPORTANT SAFETY INFORMATION

### WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT DALIRESP?

#### **DALIRESP can cause serious side effects.**

Tell your healthcare provider right away if you have any of the symptoms listed below while taking DALIRESP.

- **DALIRESP may cause mental health problems, including suicidal thoughts and behavior.** Some people taking DALIRESP may develop mood or behavior problems, including thoughts of suicide or dying, attempt to commit suicide, trouble sleeping (insomnia), new or worse anxiety, new or worse depression, acting on dangerous impulses, or other unusual changes in behavior or mood
- **Weight loss.** DALIRESP can cause weight loss. You should check your weight on a regular basis. You will also need to see your healthcare provider regularly to have your weight checked. If you notice that you are losing weight, call your healthcare provider. Your healthcare provider may ask you to stop taking DALIRESP if you lose too much weight

**DALIRESP may affect the way other medicines work, and other medicines may affect how DALIRESP works.** Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements.

### WHO SHOULD NOT TAKE DALIRESP?

Do not take DALIRESP if you have certain liver problems. Talk with your healthcare provider before taking DALIRESP if you have liver problems.

### WHAT SHOULD I TELL MY HEALTHCARE PROVIDER BEFORE TAKING DALIRESP?

Before you take DALIRESP, tell your healthcare provider if you:

- Have or have had a history of mental health problems, including depression and suicidal behavior
- Have liver problems
- Have any other medical conditions
- Are pregnant or plan to become pregnant. It is not known if DALIRESP will harm your unborn baby
- Are breastfeeding or plan to breastfeed. It is not known if DALIRESP passes into your breast milk

### WHAT ARE THE MOST COMMON SIDE EFFECTS OF DALIRESP?

The most common side effects of DALIRESP include diarrhea, weight loss, nausea, headache, back pain, flu-like symptoms, problems sleeping (insomnia), dizziness, and decreased appetite. These are not all the possible side effects of DALIRESP. Always tell your healthcare provider about any side effects that bother you or don't go away.

Learn more at [www.DALIRESP.com](http://www.DALIRESP.com)

Please see full [Prescribing Information](#), including [Medication Guide](#).

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